What's happening at GSPS.

SO YOU THINK YOU CAN DANCE??????





The girls are having a great time.





The boys look a little unimpressed.



The boss lets everybody know that the exit door is that way which happens to lead straight to the principal's office.

Look what happened next





Well done boys and girls (especially the previously mentioned unimpressed boys) as rehearsals get underway for our end of year celebration. This is an event not to miss, so keep this night free. Details to follow.



BRONZE FOR TAPPER



Not only did ex-student Melissa Tapper become a member of our Australian women's able-bodied table tennis team at the Commonwealth Games, she can now boast to being a bronze medallist. Describing the moment as a "dream come true", Melissa now has her sights set on the World Para Champs in September. With the Olympic Games only two years away, and with her attitude and dedication, who knows what may lie ahead. What an inspiration she is.

Our updated policies are in the office for everyone to view and are also available via the school's website— www.georgestham-ps.vic.edu.au





There will be heaps of prizes and giveaways on the night and some good tunes. THEME = FROZEN (Disney movie). Drinks, lollies, glow stix, headbands, wrist bands etc. will be available at an additional cost.



What does it feel like?

- I can't catch my breath. It's hard to breathe.
- My breathing may sound funny, it may be a bit noisy (wheezing) or it may sound like a whistle.
- Sometimes it may feel like someone is squeezing my chest really tightly.
- I may cough a lot. Sometimes more at night or after sport.
- · My throat may feel itchy.

what makes my asthma better?

- My Blue puffer. This is also called a reliever. The medicine in my reliever quickly makes it easier for me to breathe
- I use my puffer with a Spacer. It helps to get more medicine into my lungs.



